



Your Coaching Identity

Who do you need to BE in order to achieve your WOW! goal for your coaching practice?

When I have this goal, what I believe about myself is

When I have this goal, what I value is

When I have this goal, my behaviours and habits are

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Your Coaching Identity

When I have this goal, my skills and capabilities are

When I have this goal, my environment is

Write down your "I am...." statements. For example "I am a successful mindset coach"

Mindset Coach Academy



What will you start doing NOW to bring the future you into reality?



Your Coaching Identity

Describe the ideal day of this version of you. What do you do. what do you wear. how do you think, act, interact? What do you notice about this version of you?

What will you start doing NOW to bring the future you into reality?